

Non-Profit Org.
U.S. POSTAGE
PAID
Derby, NY
Permit No. 10

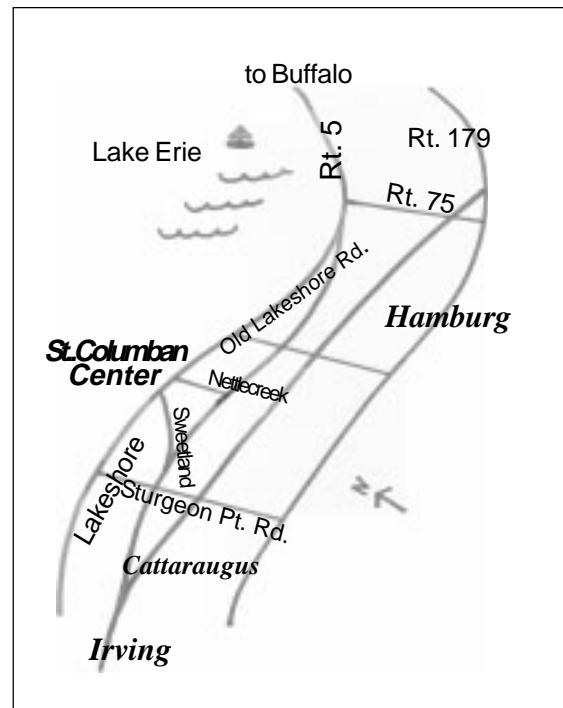
DIRECTIONS

From Buffalo: Take Rt. 5 through Wanakah to the Town of Evans. Make a right turn before the Tops/ Martin's Plaza onto Nettlecreek Rd. Take Nettlecreek to Lakeshore Rd. and turn left. Center 1 1/4 miles on the right.

From the south: Take Rt. 5 through Evans Center to Sweetland Rd. Turn left onto Sweetland; go to Lakeshore Rd.; turn left. The Center is on right.

From the NYS Thruway East to West: Take Exit 56 (Blasdel, Milestrip, Rt. 179). Turn right after the toll booths onto Rt.179. Follow Rt. 179 to the Ford plant. Follow Rt. 5 West signs to Town of Evans. Follow directions from Buffalo above.

From the NYS Thruway West to East: Take Exit 58 (Silver Creek/Irving). Follow Rt. 5 East to Sweetland Rd., turn left, go to Lakeshore Rd., turn left. The Center is on the right.



In Pursuit of Peace



Praying the Rosary Through the Psalms Marian Day of Prayer for Seniors

*with
Sr. Carolyn Gorny-Kopkowski, OSB*

Wednesday

May 7, 2008

9:30 a.m. - 3:00 p.m.

St. Columban Center

6892 Lakeshore Road, PO Box 816
Derby, NY 14047-0816

716-947-4708 • 716-947-5759 [fax]

columban@buffnet.net • www.stcolumbancenter.org

St. Columban Center

6892 Lakeshore Road • PO Box 816 • Derby, NY 14047-0816



In Pursuit of Peace

Praying the Rosary Through the Psalms

Marian Day for Seniors

Author: Joan Chittister, OSB

Facilitator: Sr. Carolyn Gorny-Kopkowski, OSB

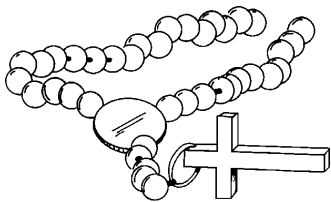


From the introduction to Sr. Joan's book, Sr. Mary Lou Kownacki writes: *What do a Buddhist monk, a Muslim merchant, a Hindu farmer and a Catholic grandmother have in common? The answer is prayer beads. All peoples and every religious tradition use beads as one way to communicate with the Holy One. The Buddhist and the Hindu recite sacred mantras as they finger the beads, the Muslim repeats the 99 names of Allah, the Catholic prays the Hail Mary.*

In the Catholic tradition, the prayer beads are called the rosary. One of the oldest and most popular forms of prayer in the Catholic Church, the rosary has nourished countless generations from popes to assembly line workers to grade school children to housewives.

Join with others in this contemplative experience. A variety of means will include both the traditional manner and the contemporary use of a Psalm Prayer and Marian Mantra when praying the rosary. Deepen your understanding of the rosary as an effective way to seek and pursue the peace of God's presence within you. Learn to extend the Divine Peace throughout the world.

We will focus on the Joyful, Sorrowful, Glorious and Luminous Mysteries of the Rosary. Sr. Joan's poignant reflections for each of the mysteries and meaningful chants will further enhance this day of reflection for you.



Program Details:

Date: Wednesday, May 7, 2008

Arrival Time: 9:30 a.m.

Program : 10:00 a.m. - 3:00 p.m.

Communion Service: 11:00 a.m.

Cost: \$20

Our Facilitator

Carolyn Gorny-Kopkowski, an Erie Benedictine Sister, has facilitated numerous retreats and days of reflection since 1983. She earned a Master's Degree in Creation Spirituality from Mundelein College in Chicago, Illinois and began the successful *Spirit of the Seasons* weekend retreats. Programs based on the writings of Sister Joan Chittister, OSB are her specialty.

 **REGISTRATION FOR: *Praying the Rosary Through the Psalms* - May 7, 2008**

Name: _____

Address: _____

City _____ State _____ Zip Code _____

Telephone: (Home) _____ (Work) _____ E-mail: _____

Payment Enclosed: (\$20) _____

Special needs (e.g. cannot walk steps, special diet): _____

* St. Columban Center has Beach access weather permitting.

PLEASE REGISTER BY APRIL 28, 2008

Mail to: St. Columban Center, PO Box 816, Derby, NY 14047

Phone (716) 947-4708 ♦ Fax (716) 947-5759

E-mail: columban@buffnet.net ♦ Website: StColumbanCenter.org